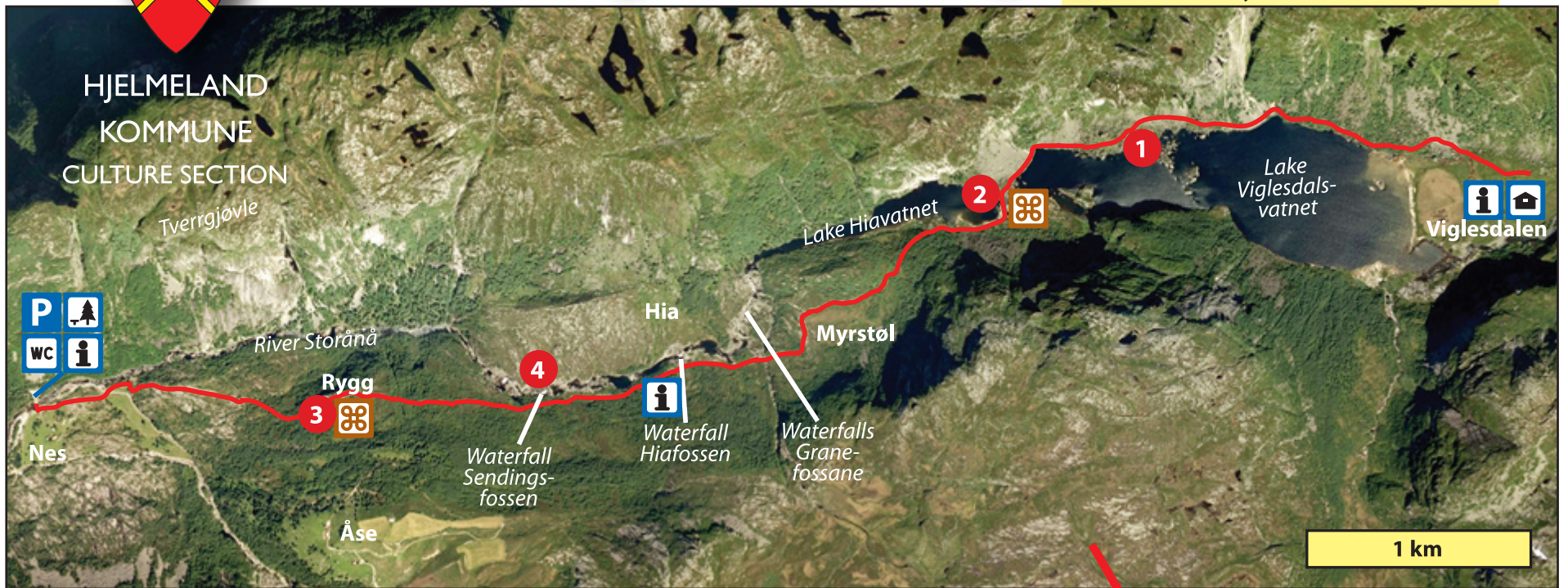




Walking trails in Hjelmeland

www.hjelmeland.kommune.no



- Parking
- Toilets
- Historical site
- Picnic area
- Information board
- Tourist hut

Nes - Viglesdalen

The walk Nes - Hiafossen - Viglesdalen runs through beautiful and changing terrain. The walk forms a part of Stavanger Tourist Associations network. The trip through to Viglesdalen takes around two hours each way. For those who do not wish to make the whole trip, the route can be shortened by making Hiafossen the goal and turning point of the walk.

The track to Viglesdalen was built as a service road between 1907 and 1912. In many places one can still see signs of the well conceived building work.

From Nes the track climbs for the first stretch, further on it is more flat. On the slopes above lies the Åse farm which is still in operation. Below Åse the track passes Rygg, where one find a giants kettle - made by swirling water and rocks under the mighty glacier in the ice age.

The well known Hiafossen is a beautiful sight. In periods of flood the water plunges over the mountain side with tremendous power. Many walk to Hiafossen and then turn back.

Having passed over a beautiful old stone bridge between Hiavatnet and Viglesdalsvatnet the trail runs through stone scree and to the flat valley floor of Viglesdalen. This area was inhabited until around 1880.



Sendingsfossen
(Photo: Anne Kari Skogerbø)

The Stavanger Tourist Association has a "hytte" in Viglesdalen. From here there is a marked trail to Nilsebu.

Those who wish can take an exciting excursion from Nes to the old service track on Tverrgjøvle. The route runs along a small ridge with precipices down to Nes on one side and the lake Øvre Tysdalsvatnet on the other. A thrilling experience.

Turn off the main road, riksveg 13, at Tveit in Årdal. Traffic signs at Tveit points to Nes, Lyngsheia and Songesand. The trip to and from Hiafossen takes around 1-2 hours. The round trip Nes-Viglesdalen-Nes takes 4-5 hours.

Altitude difference: Approx. 300 m.



Viglesdalsvatnet and Viglesdalen
(Photo: Anne Kari Skogerbø)



The stone bridge Viglesdalsbrunå
(Photo: Anne Kari Skogerbø)



Giants kettle at Rygg
(Photo: Anne Kari Skogerbø)