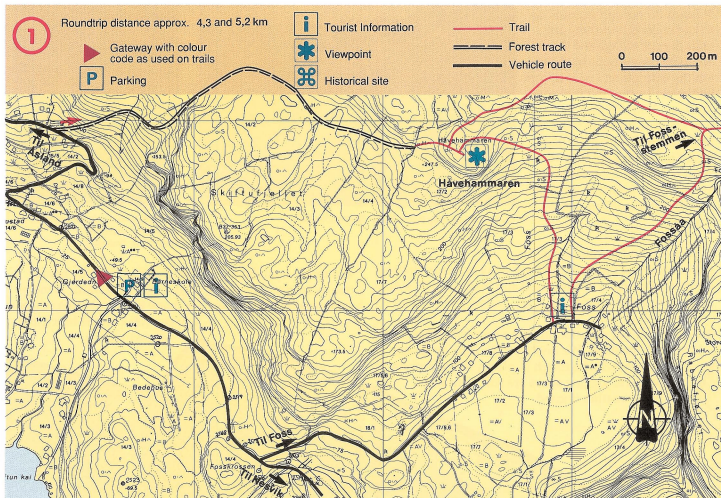


Håvehammar

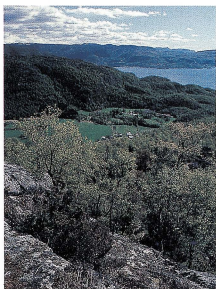


◆ Håvehammar on Jøsneset is an old assembly point or meeting place on the outskirts of Foss. Here there are wide views over Foss-grenda and the fjord basin. This walk can also be the starting point for the longer trip to Gunlanuten the highest point on Jøsneset.

◆ The car can be left at the “fire station” alongside the infants school. Walk along the road to the west towards Åsland. After some bends you will come to a timber stacking point. From here you follow the steep forest track Skiftunskogvegen through actively worked woods and further on the path to Håvehammar 270 metres above sea level.

◆ East of Håvehammar you will find a different landscape. Here are pastures and active agriculture. On the hillside down towards Foss there are several stone heaps from the iron ages and stone walls from more recent times. Hasselkrattet is a strip of land so rich that over the years grazing animals have not diminished it. Please do not disturb the animals as you go.

◆ If you wish to make the hike to Skiftunstøl or Gunlanuten follow the path further towards Fossfossen. At Fossfossen are the remains of the old power plant that supplied the Skiftun district with electricity.



View from Håvehammar towards Hjelmeland.
 Photo: Rune Roalkvam.



Blossom time on Skiftun.
 Photo: Leiv Krumsvik



Deer are indigenous to Hjelmeland. Photo: Ole Jakob Vorraa.

◆ From the farmstead at Foss we follow the road back to the infants school. Livestock and fruit production are the chief forms of agriculture in the area as is reflected in the landscape.

◆ The round trip to Håvehammar takes 2-3 hours.